

Craigslea State School Tuckshop



WE NEED YOU!

Be a **COOL**

TUCKSHOP MUM or DAD!

2 Hour shifts Monday – Friday

9.15am – 11.15am or 12.30pm - 2.30pm

Contact: pc.ops.mgr@gmail.com

Tea, coffee and plenty of laughs are guaranteed. Volunteering in the tuckshop is a great way of getting to know other parents and school staff.

Our tuckshop operates an online service. This is our preferred method of ordering. We will accept over the counter orders however a \$1 processing fee applies to each order for each student and meal break. To place your tuckshop orders please go to:

<https://tuckshop.schoolshoponline.net.au/craigsleass/index.aspx>

Everyday meals - available individually or as a meal deal (add \$1.50)



Fried rice - GF (contains egg)	\$3.50
Pasta bolognese (beef mince)	\$4.00
Homemade pizzas (Ham/Pine or Meatlovers)	\$4.00
Homemade pizza – Cheese	\$3.50
Hot roast & gravy rolls-chicken or beef	\$4.00
Gluten friendly hot roast & gravy roll GF	\$5.50
Hotdog (tomato, BBQ or no sauce)	\$3.50
Gluten friendly hotdog (tomato or no sauce) GF	\$5.00
Sausage Roll (sauce 30c extra)	\$3.50

ADD \$1.50 TO UPGRADE TO A MEAL DEAL.

CHOOSE 1 SNACK ITEM AND 1 DRINK ITEM.

Snacks: (choose 1)

Frozen pineapple GF	Choc muffin
Frozen grapes GF	Mini Calippo GF
Frozen mango GF	Moosie

Drinks: (choose 1)

600ml Water	110ml Popper
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From the Warmer



Chicken nuggets (4) GF	\$2.70
Party pie	\$1.20
Chicken nibbles (3)	\$2.70

Potato gems GF	\$1.70
Foil garlic bread	\$2.00
Tomato or BBQ sauce	\$0.30
Gluten friendly tomato sauce	\$0.50

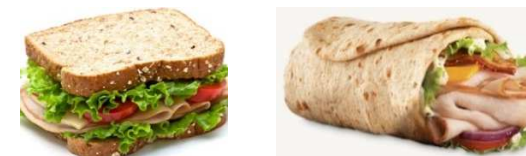
Gourmet Sandwich Range (everyday)

Served on toasted turkish bread or focaccia



Gourmet Chicken – chicken, avocado, sundried tomato, aioli & Swiss cheese	\$7.00
Gourmet HCT – ham, cheese, tomato & mayo	\$6.00

Sandwich Bar



Sandwiches are made using multigrain or hi fibre white bread. (Wraps available at additional cost)

Ham GF	\$2.80
Chicken – breast meat GF	\$3.40
Cheese	\$2.60
Salad (lettuce, tomato, carrot, cucumber)	\$3.20
Egg & lettuce	\$3.20
Tuna GF	\$3.30
Roast Beef GF	\$2.80
Vegemite or Jam	\$2.20

Extra Fillings / Options

Cheese (please indicate if GF)	\$0.60
Lettuce	\$0.30
Tomato	\$0.30
Cucumber	\$0.30
Beetroot	\$0.30
Carrot	\$0.30
Avocado	\$0.70
Mayo (GF) or sauce	\$0.30
Slice of ham GF	\$0.80
Slice of roast beef GF	\$0.80
Boiled egg	\$0.80
Chicken GF	\$1.40
Tuna GF	\$1.40
Toasting	\$0.30
Wrap (instead of sandwich bread)	\$0.70
Gluten friendly wrap GF	\$1.30

Garden Salad



Lettuce, tomato, cucumber, carrot, beetroot, cheese & dressing (GF please indicate) **\$4.50**

Salad Toppers



Fresh chicken	\$1.40
1 Slice of ham or roast beef or 1 boiled egg	\$0.80
Tuna	\$1.40

Healthy Snacks



Apple slinky (GF)	\$1.30
Frozen mango (GF)	\$1.00
Frozen pineapple (GF)	\$1.00
Frozen grapes (GF)	\$1.00
Boiled egg	\$0.80
YUM!! Snack Pack (carrot & cucumber sticks, cheese, crackers & hummus) GF	\$2.50

Occasional Treats



Chocolate muffin	\$1.20
Vanilla choc chip muffin	\$1.50
Choc chip biscuit	\$0.60
Red Rock chips (GF)	\$1.70
Snaps (GF)	\$1.70
Jumpies	\$1.20
Jelly cup (GF)	\$0.80
Silly fruits (GF)	\$0.50
Moosie – chocolate or blue moon	\$1.20
Mini Calippo (GF)	\$1.20
Super Dooper (GF)	\$0.80
Streets Dory ice cream	\$2.00
Twisted Frozen Yogurt (GF)	\$2.20
Slushy (GF)	\$2.00

Drinks



600ml water	\$1.20
750ml pop top water	\$1.80
110ml poppa	\$1.20
Krazy lemon	\$2.20
Plain milk	\$1.50
Flavoured milk	\$2.20

GLUTEN FRIENDLY OPTIONS

We now stock a range of everyday foods that are delicious and gluten friendly. These include fried rice, hot roast & gravy rolls, hotdogs, chicken nuggets and potato gems. Gluten friendly wraps are also available and our meat selections are all free from gluten. Some of our treat lines are also gluten friendly. Please look for the GF next to the item when selecting gluten friendly products.